



RYDE PANTHERS FOOTBALL CLUB



PO Box 275, North Ryde NSW 2113

[www.rydepanthers.football](http://www.rydepanthers.football)

## **The Most Commonly Asked MiniRoos Questions**

### **What is MiniRoos?**

MiniRoos is a smaller version of football that provides boys and girls aged 4 - 11 with a fun introduction to the world game.

MiniRoos is designed for kids; it is all about having fun, learning new skills and making life-long friends.

Delivered by grassroots clubs across Australia, MiniRoos provides opportunities for boys and girls of all abilities, shapes and sizes to play football.

Football is the game that everyone can play, so get involved and become a MiniRoo today!

### **At what age does my child qualify for MiniRoos?**

Boys and girls must be turning 5 at any time during the calendar year to be eligible to register as a MiniRoo.

### **What is the difference between Small-Sided Football and MiniRoos?**

MiniRoos is the name and brand for small-sided football. MiniRoos was launched in February 2014. Any small-sided football should be considered as MiniRoos. Small-sided football as a name has now been replaced. In 2017 sees Aldi as the new sponsor.

### **How will my children learn to play 11 v 11 if they are playing MiniRoos?**

The progression through the MiniRoos formats of 4v4, 7v7 and 9v9 is a sound educational method and process to ready your child to play 11v11. The progression helps players discover the differences in the size of the field and size of the goal and the benefits of having more space. It also helps children to learn to use different and well-developed techniques to play a more tactical game, as well as assisting them in understanding the role of different positions and determining what best suits them.

### **Why no goalkeepers until under 8s?**

The role of the goalkeeper in football is uniquely specialised and typically players develop as goalkeepers at a later age. In the youngest age groups, keepers can be uninvolved in the game for long periods, which can be uninteresting and sometimes means they do not feel part of the team.

### **Do other countries play modified football?**

The modified version of football is played and endorsed throughout England, Ireland, The Netherlands, Scotland, Germany, France, Korea Republic and the USA to name a few, and is not a new concept.

### **When is training?**

Training is usually 30 minutes to 1 hour per week, the timing of which is determined by the coach and parents. The coach will consult the *Manager/Coach Information Sheet* to confirm the availability of the ground.





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### What do I have to bring to the games and training?

Football boots (with molded soles), a labeled drink bottle and shin pads. It is very important to prevent injury that shin pads are worn at training, and all games (including trial games). Please also bring a soccer ball if you have one. Size 3 for Under 6-9, Size 4 for Under 10-13, Size 5 for Under 14 up.

*(We ask that you PLEASE label all playing balls with the child's name!)*

### How do I obtain a uniform?

The RDP club shirt is lent to players for the duration of the season. It is club policy that shirts are collected at the end of the game. The Manager usually draws up a roster so that each family takes it in turn to wash them and bring them to the next game. In 2017 all U6-U14 players will be given a FREE RDP Club backpack and Training Tee. Club shorts and socks are available for sale from the Canteen or at our MiniRoos Orientation Day. These as well as other supporter gear is available online through our online shop link below:

[http://www.rydepanthers.com/singlepanel.asp?submittopage=productsale\\_01\\_placeorder.asp&displaymode=enterdetails](http://www.rydepanthers.com/singlepanel.asp?submittopage=productsale_01_placeorder.asp&displaymode=enterdetails) or by emailing the Gear Shop – <mailto:shop@rydepanthers.football>

### Is there an Orientation Day?

Yes - there will be a **MiniRoos Soccer (6, 7, 8 and 9's), Orientation day inside the RCSC, ELS Hall, North Ryde on Sunday 26th February from 11am.** *(Under 6 – 11am, Under 7 – 12.15pm and Under 8 & Under 9 2.30pm)* This is when teams, Coaches and Managers will be decided. This is a great day for both the children to meet their fellow teammates and for the parents to meet each other also. Additional information will be given out on the day and any questions you may have can be answered.

### When are the games on?

Trial games start in March. Trial games will be held on Sundays until the season starts for all Mixed MiniRoos, Saturday 1.4.17 and **Pink Panther** MiniRoos Sunday 2.4.17. Trial games details and times will be coordinated closer to the date. We will contact team managers with this information. It is then up to the manager to advise their team. Managers will be provided with a fixture list detailing all games for the season by the Association we play under, Gladesville Hornsby Football Association, (GHFA) or North West Women's Association (NWSWF) when they are available, this will also be available online on the GHFA website <http://www.ghfa.com.au/index.php/new-competition/fixtures-results-tables>

or <http://www.nswsf.com.au/>

### How many players are on the field and how long are the games?

Under 6 - 4 per side (no goalkeeper) on a small size field. 15 mins each way in girls and 20 mins each way in mixed

Under 7 - 4 per side (no goalkeeper) on a small size field and 20 minutes each way

Under 8 - 7 per side (including goalkeeper) on a slightly larger field and 20 minutes each way.

Under 9 - 7 per side (including goalkeeper) on a slightly larger field and 20 minutes each way.

Under 10 - 9 per side (including goalkeeper) on a slightly larger field again and 25 minutes each way.

Under 11 - 9 per side (including goalkeeper) on a slightly larger field again and 25 minutes each way.





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With Mixed League under the GHFA - The GHFA will group Clubs into zones or "areas" so that Clubs will only be drawn to games within those "areas". There will be home games at ELS Hall. This should minimize the amount of travelling required for games, but will reduce the number of teams that are played against. It may also mean that the Panthers teams may be drawn to play against other Panthers teams.

With Girls League under the NSWFF, games will be either played at ELS Hall (*Under 6&7 and U12 and up only*) and/or Morrison Bay Park and/or Meadowbank Park.

### **Does either association provide referees?**

No. Either the coach / manager / or nominated parent from each team referees a half.

### **Am I allowed on the field during the game to tell the children what to do?**

No. Coaches, Managers and Parents are not allowed on the field during the game *unless they are refereeing*. In MiniRoos, you can of course go on if a child is injured, although it is courtesy to seek permission from the acting referee at the time.

### **In wet weather, how do I know if the game is on?**

Soccer is generally played despite rain, however, if rainfall has been heavy the previous evening or for days beforehand, council may close the ground. For a local ground (Ryde Council playing fields), the wet weather phone line is 9952 8244 (updated daily at 3pm), or online at <http://www.ryde.nsw.gov.au/Recreation/Parks-and-Sportsgrounds/Sportsground-Status> however and please **NOTE: In wet weather, all games are on unless your Manager tells you otherwise.** In the event of rain on the day of the game & the conditions are not deemed to be a danger to the players, it is expected that the game will be played.

### **How will I know if my child's team is winning the competition?**

**MiniRoos soccer is non-competitive** there is no competition table. At this age it is more important that each player has an equal time on the field in order to develop his or her skills and of course have fun. Children at this age need a totally positive approach from coaches and parents. No hysteria from the sideline, but plenty of encouragement. It is all about positive reinforcement and trying to get them to touch the ball as often as they can.

### **Who provides fruit for half time?**

Generally a roster is drawn up by the manager so that each family takes it in turn.

### **MiniRoos/Parent Coach**

**You don't have to be a football expert to coach MiniRoos**

Unfortunately many boys and girls miss out on sporting programs due to a lack of volunteer coaches. You have the power to change this and we have the tools to help you put smiles on many little faces. The Grassroots Coaching Course is the ideal introduction to coaching MiniRoos.

This is a **FREE course for coaches** training MiniRoos players.

The 3 hour course is practical and encourages the coaches to develop practices based on **FUN**.

The emphasis is on natural development i.e. *learning by **PLAYING** football. Less coaching, but more organising*





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**FUN** football exercises is the key to helping players build a love for the game.

Another highlight of the course is that the coaches are exposed to basic rules of the game as well as tips on how to build a football culture in an entirely practical setting.

So whether you are new to the game or have played previously, the Grassroots Coaching Course is great place to start. Grassroots coaches will receive a **FREE** Football for Kids handbook.

Grassroots courses are conveniently located at many local football clubs across the country.

The first course within are area is yet to be finalised but more than likely looking at mid - late March, Wednesday evening 6.30pm to 8.30pm at Christie Park

Registration for this course has not as yet opened. Details will be sent once they are. For all 2017 courses available please visit: <http://myfootballclub.com.au/index.php?id=126>

For more information about the Grassroots Coaching Course please contact Adam Hodgson – our Director of Coaching. <mailto:doc@rydepanthers.football>

### How do I find out what is going on in the club?

The club has a web site [www.rydepanthers.football](http://www.rydepanthers.football) , you will be able to read about upcoming events either here or on facebook <https://www.facebook.com/RydePanthersFootballClub>. If you don't have access to the web it doesn't matter, a copy of the events will be displayed on the notice board at ELS every Saturday during the season. It is also **very important a representative from the team**, normally a coach or manager, visits the club house every Saturday during the season to check their team pigeon hole to pick up other information which may be of an urgent nature. If you have any questions please do not hesitate to contact <mailto:info@rydepanthers.football> or

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<i>Pink Panthers Girls (U6-U13)</i>	Jenn Clifton	0412 172 450	<a href="mailto:info@rydepanthers.football">info@rydepanthers.football</a>
<i>Women's &amp; Girls League Contact</i>	Adriana Longhitano	0409 998 944	<a href="mailto:girls-womens@rydepanthers.football">girls- womens@rydepanthers.football</a>
<i>Junior Registrar</i>	Hai Zheng	0431 692 988	<a href="mailto:jnrregistrar@rydepanthers.football">jnrregistrar@rydepanthers.football</a>
<i>Director of Coaching</i>	Adam Hodgson	0423 025 063	<a href="mailto:doc@rydepanthers.football">doc@rydepanthers.football</a>

Additional information can be found at [www.miniroos.com.au](http://www.miniroos.com.au)





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**Good Luck and have fun!**

## **Playing Formats:**

The MiniRoos playing formats are summarised in the table below.

	4 - 7 age group	8 - 9 age group	10 - 11 age group
Number of Players	4 players per team	7 players per team (incl. goalkeeper)	9 players per team (incl. goalkeeper)
Field Size	Length: 30m Width: 20m	Length: 40m - 50m Width: 30m x 40m	Length: 60m - 70m Width: 40m x 50m
Penalty Area	No penalty area	5m deep x 12m wide (use markers)	5m deep x 12m wide (use markers)
Ball Size	Size 3	Size 3	Size 4
Goal Size	Width: 1.5m - 2m Height: 0.9m - 1m	Width: 2.5m - 3m Height: 1.8m - 2m	Width: 4.5m - 5m Height: 1.8m - 2m
Goal Type	portable goals, poles, or cones	portable goals, poles, or cones	portable goals, poles, or cones
Goalkeeper	No	Yes	Yes
Duration of Game	2 x 15min halves (plus 5 min half-time break)	2 x 20min halves (plus 5 - 7min half-time break)	2 x 25min halves (plus 5 - 7min half-time break)
Results Recorded	No	No	No



*Ryde Panthers*

