



RYDE PANTHERS FOOTBALL CLUB

PO Box 275, North Ryde NSW 2113

www.rydepanthers.football

MANAGER / COACH AND TEAM CONTACT GUIDE

WELCOME TO THE 2018 SOCCER SEASON!

The following information provides an overview for all Coaches and Managers/Team Contacts, intended to make your job easier, and the Club run efficiently.

Training Nights: Pre Season Training Availability - What we have been given from Council as approved use

ELS Hall 1	Mon	Tue	Wed	Thu	Fri
26-Feb to 03-Mar		4 - 6			4.30 - 6.30
05-Mar to 10-Mar		4 - 6 8 - 10	4 - 6.30		4.30 - 6.30
12-Mar to 17-Mar		4 - 6 8 - 10	4 - 6.30		4.30 - 6.30
19-Mar to 24-Mar		4 - 6 8 - 10	4 - 6.30		4.30 - 6.30
26-Mar to 31-Mar		4 - 6 8 - 10	4 - 6.30		

ELS Hall 3	Mon	Tue	Wed	Thu	Fri
26-Feb to 03-Mar			4.30 - 6.30	8.30 - 10	6.30 - 8
05-Mar to 10-Mar			8 - 10	8.30 - 10	6.30 - 8
12-Mar to 17-Mar			8 - 10	8.30 - 10	6.30 - 8
19-Mar to 24-Mar			8 - 10	8.30 - 10	6.30 - 8
26-Mar to 31-Mar			8 - 10	8.30 - 10	

Gannan Reserve	Mon	Tue	Wed	Thu	Fri
26-Feb to 03-Mar		6 - 8	6 - 8		
05-Mar to 10-Mar		6 - 7.30	6 - 7.30		
12-Mar to 17-Mar		6 - 7.30	6 - 7.30		
19-Mar to 24-Mar		6 - 7.30	6 - 7.30		
26-Mar to 31-Mar		6 - 7.30	6 - 7.30		

Ryde Park 1	Mon	Tue	Wed	Thu	Fri
26-Feb to 03-Mar				5.30 - 8.30	
05-Mar to 10-Mar				5.30 - 8.30	
12-Mar to 17-Mar				5.30 - 8.30	
19-Mar to 24-Mar				5.30 - 8.30	
26-Mar to 31-Mar				5.30 - 8.30	

Season Training- From April 2nd, 2018.

ELS. Hall #2 field is the ground that we will have on Wednesdays, Thursdays and Fridays from 4pm – 10pm. Tuesday from 8-10pm and Friday from 4-8pm.



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We have access to ELS Hall #1 field on Tuesdays from 4-8pm.

- **Grassed fields - no boots. Only sandshoes until April as per Council.**
- **Shin pads are mandatory as part of our Duty of Care.**

Balls: - The Club will provide 1 match ball appropriate for the age for each team. To maximise the amount of ball contact possible, it is recommended that every player has his/her own ball at training (**with their name clearly marked**), so please encourage players to bring one from home. Make sure they are the appropriate size. Size 3 U6 - U9, Size 4 U10 - U13, and Size 5 U14 –AA.

All Club provided match balls remain the responsibility of the Coach/Manager and will be reclaimed by the Club at the end of the season. Additional training balls are available on request.

- **Clothing:** Playing Shirts are provided by the club in the team kit. The Club strip will be distributed on 14th March with the FREE sets of Club Shorts and Socks for all MiniRoos and Juniors for this season. Club Shorts and Socks for Seniors are available for purchase. Boots (with non metal sprigs, preferably with moulded soles) and shin pads to be provided by the players. See the player information sheet for more details. All playing shirts remain the responsibility of the Coach/Manager and will be reclaimed by the Club at the end of the season. Playing shirts **ARE NOT** to be worn after games or at training and are to stay with the team kit. If a goalie shirt / goalie gloves or goalie pants are not provided in the kit for U8 – AA teams, then we recommend you purchase a and the club will reimburse up to the cost of \$70 per team. Goalie shirts for U8 –U11 teams are not a pre-requisite; a bib over the playing shirt will suffice.

It is club policy that all MINIROOS and JUNIOR shirts are collected at the end of each game. The manager or their weekly nominee is to wash them and bring them to the next game. Do not tumble dry. Line Dry only. PLAYING SHIRTS ARE NOT TO BE GIVEN TO PLAYERS – refer Player Propriety pg 8.

Registrations: The Ryde Panthers Club plays in two Football Associations. These are mixed and All Age Men's soccer with Gladesville Hornsby Football Association (GHFA) played on Saturday while the girls and All Age Women's teams play with North West Sydney Women's Football (NWSWF) on Sunday. Please ensure all players are *properly registered in the correct Association* no later than March 12th. Failure to do this will render the players' insurance null and void and incur a fine for the Club. Never allow an unregistered player to take the field. If additional players wish to join your team throughout the season then all details need to be completed by 10am on the Wednesday preceding the game. Final date for registrations TBC.

My Football Club for players: It is necessary for ALL Players or parents/guardians/carers complete their child's registration on My Football Club www.myfootballclub.com.au **by March 23rd** in order to play their first game of the season. This is in ADDITION to the registration with Ryde Panthers Club and will not incur you any additional fees. *Failure to complete will result in our not being able to play.*

- Mixed League – please register under the guidelines for GHFA (*Ryde Panthers Football Club*)
- Women's Girls League – please register under the guidelines for NWSWF (*Ryde Panthers Women's*)

My Football Club for Team Contacts/Coaches and Managers : It is also necessary that ALL Coaches, Managers and Team Contacts complete their own registration on My Football Club www.myfootballclub.com.au



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by **March 23rd** in order to officiate the first game of the season. This will NOT incur you any additional fees.
Failure to complete may result in your not being able to coach / manage from the sidelines.

Please make contact with Gary Ohanian (Registrar) on # 0412432807 or Neil Hopkins (President) on #0419 974 850 if you require assistance. **NB: Coaches – register under Coaches. Managers and Team Contacts register under 'Volunteer'.** <https://www.playfootball.com.au/>

- <https://www.playfootball.com.au/coach/register-a-coach>

Member Protection: FNSW require clubs to have a Member Protection Information Officer (MPIO) who is the first point for any inquiries about harassment or abuse. The MPIO provides information and moral support to a person with concerns/complaints. RDP MPIO is Nick Kissoglou.

Our MPIO's role includes the management of the Working with Children Check (WWCC) for any Committee or paid roles and the Member Declaration Form for ALL COACHES, MANAGERS and TEAM CONTACTS as required by Football NSW.

Working With Children's Check - required to ALL coaches and managers in Season 2018

A valid WWCC, is required for all coaches and managers in Season 2018 if they are over 18. It's a simple process to complete that requires a visit to Service NSW to get your identity check. There is NO FEE required as your role is a volunteer.

<https://www.service.nsw.gov.au/transaction/apply-working-children-check>

Under 18 are required to complete a Football Members Declaration.

Should you have any queries, please refer to our MPIO, Nick Kissoglou member.protection@rydepanthers.football

Football NSW Insurance Details:

Insurance Company with Football NSW this Season; Gow-Gates

<http://www.gowgatessport.com.au/football/nsw/>

Should you have any queries, please refer to either Kim, Neil and or one of our Committee Members to follow up.

GHFA Results: <https://www.dropbox.com/s/uolp9loa406lw8e/CompMan%20iMatchSheets%202018.pdf?dl=0>

1) All teams are required to submit the result on the e-team sheet in Season 2018.

2) All MiniRoos teams, U5-U9 game results for U9 and up must be texted to Jenn #0412 172 450 for the first few weeks of the season so that we can make any adjustments moving forward.

On the e-sheet, if there is information that is not acceptable and you wish to raise a formal "dispute", then tick the Disputed selection. A reason for the Dispute will be requested and must be entered, then click the Confirm button to return to the Match Sheets page. Disputed Match Sheets will be reviewed by the GHFA Office subsequent to the match completion.

NWSWF Results: These must be **completed ONLINE** on the Sunday after every game. Please go to www.nswsf.com.au and click Fixtures/Results tab on the top left side of the screen. Most importantly, is that



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women and girls are reminded that they play for NWSWF and that they should contact the NWSWF Delegate - Nick Kissoglou on 0417 422 679 or Women's Coordinator – Andrew Brackley on 0424 046 620 if they have questions. **Failure to comply with the Regulations – available on the RDP website under Library - can result in a fine for the Club and the Team involved.**

Referee Envelopes: The home team for Under 10 and up will supply the referee a pre paid envelope at the end of the game so that results can be posted to GHFA or NWSWF **only in the event where an e-teamsheet cannot be accessed.** Prepaid envelopes will always be provided. Refer to your Team Pigeon hole located at the RDP lockup beside the Canteen. As Under 6-11 is non-competitive SSG, there are no results entered or displayed.

In absence of a Game Referee: All competition teams should make it a practice to check the GHFA website to ensure that they know if their game is covered or not. <http://www.ghfra.com.au/hgrefrep.cl?PT=suc>. In the absence of a game referee, then each side is to nominate someone to ref a half. Always ensure your team carries a whistle in the team kitbag in the event of this occurring. At the end of the game, both sides to sign the team sheet and on the reverse of the team sheet to write – GAME UNCOVERED BY GHFA. The home team is then required to ensure that the sheet reaches the GHFA or NWSWF in a timely fashion. Completed GHFA team sheets must be placed in the GHFA prepaid envelope and either placed in the completed team sheet box at Christie Park or mailed to GHFA for receipt by the Monday after the game. NWSWF team sheets can be handed into the canteen at ELS if home game, Meadowbank or Morrison Bay on game day or posted to NWSWF using the pre paid envelope. Additional pre paid envelopes are always available during the season at the RDP canteen if you have exhausted your supply in your team pigeon hole.

Referee Feedback: Unless you have an issue with ID cards, and therefore as protocol dictates, **you write make your concerns known on the e-team sheet.**

Any feedback concerning Referees should be directed to the Club directly. As a Committee, we can then contact GHFA on the team's behalf. We also ask that you encourage positive feedback of the referees as well. **All protests lodged by the Committee on behalf of a team need to be lodged no later than 48 hours after the match.** Please email secretary@rydepanthers.football

Suspension Notices: Appealing suspension notices need to be lodged by 10am Monday following the notice.

Forfeits: If you intend to forfeit a match for any reason, please contact the RDP committee who will advise GHFA or NWSWF and let them know as a matter of courtesy. Remember there is a fine for every game forfeited.

Note: Wednesday is the cut off for forfeits, after Wednesday, the club and therefore the team receives a fine.

Minimum 3 DAYS NOTICE IS REQUIRED.

By-Laws and Rules: Please refer to GHFA / NWSWF website for draw. Access to a soft copy of the GHFA by-laws and rules will be made available to your team when posted by GHFA. The NWSWF handbook can be accessed under Library - GHFA and or NWSWF Information;

<http://www.rydepanthers.football/framework.asp?submittopage=information>

Code of Conduct: Coaches/Managers are responsible for the general conduct of spectators and players both, on and off the field. You should ensure each player is properly dressed. Introduce yourself to the opposition coach/manager and to the referee, if appointed. Players should be at the ground 30 mins before the kick off.

Note – Teams are FINED if they are NOT in correct and current Panther Strip.



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To engender the Panthers good sportsmanship ethos, for all home games up to and including the 1.15pm kick off, an *AWAY TEAM MIGHTY PANTHER COMBO VOUCHER* will be made available in your team pigeon hole to give to your opposition for them to use at the canteen.

The code of conduct states that no alcohol is to be consumed within the fence playing area. Coaches and Managers need to assist the club with enforcing this requirement. Remember all players have signed the code of conduct as part of the registration process. **Do NOT confront but REPORT any unacceptable conduct.**

Player Identification: Identification card sheets will now be available as part of the e-team sheet under GHFA. A hard copy must be available for presentation at every competition game. These should be offered to the opposing coach/manager for review when the match team sheet has been completed. You are required to complete the match sheet to include: **Team name/players ID number and shirt number.** Players do not need to sign. In GHFA - this is required for **all U/10 games and over, in NWSWF all U/12 games and over.** *If the other cannot produce ID card sheets then please make note of it on the team sheet.* **If you cannot produce your ID card sheet on request, you will be forfeited the game.**

The first team listed on the draw is the home team.

NWSWF MiniRoos and Juniors team sheets will be emailed to the manager contact for each team by the Friday before the weekend of game play. Seniors in NWSWF are required to download their team sheet via Sporting Pulse. Any player who is listed with a line through their name is NOT permitted to play that game. If a referee is not present, the home team is responsible for the team sheets.

Arm Bands: Coaches/Managers will be provided with arm bands with their team kits. These should be worn at all matches. Only officials identified in this way are allowed to act as coach/manager. Failure to wear an armband can lead to a fine for the club. Photo ID Lanyards under NWSWF are to be worn at all time when a game is on.

RDP - Coaching In Service: On **Wednesday 14th March, 2018** from 6-8pm at the Ryde Community Sports Centre, our Partners in Coaching, T3 Australia will be running a Coaching Introduction for ALL U5-9 Coaches and Managers for Season 2018.

Coaching Courses available in 2018

FYI - The Gladesville-Hornsby Football Association also runs Level 1 coaching courses periodically. The club recommends all coaches attend one of these courses - it is time well spent. **Course fees are paid by the Club.**

GHFA Coaching Course Calendar available: http://ghfa.com.au/images/GHFA_Coach_Education_Calendar_2018.pdf

Click on the courses below to register:

[Aldi Miniroos Certificate - 26 March, Boronia Park](#)

[Aldi Miniroos Certificate - 9 April, Christie Park](#)

[Aldi Miniroos Certificate - 21 May, Hayes Park](#)

[Skill Training Certificate - 9 & 30 April, West Epping Oval](#)

[Game Training Certificate - 9 April, 7,14 & 28 May, Pennant Hills Park](#)

[Community Goalkeeping Course - 12 & 19 November, Christie Park](#)



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[Senior Coaching Certificate, 12 & 26 November, Christie Park](#)

<https://www.playfootball.com.au/coach/resources-home> or <https://www.ffa.com.au/get-involved/coaching>

<p>GRASSROOTS Expo:</p> <p>Course Description</p>	<p>"Discovery phase" <i>For coaches training 5-9 year old players</i></p> <p>The 3 hour course is fully practical and encourages the coach to develop practices that are based on FUN. The emphasis is on natural development i.e. learning by PLAYING football. No coaching but organising FUN football exercises is the key to helping players build a love for the game. Another highlight of the course is that the coaches are exposed to basic rules of the game as well as tips and hints on building a football culture in a completely practical setting.</p>
<p>SKILLS Training:</p> <p>Course Description</p>	<p>"Skill acquisition phase"</p> <p><i>For coaches training 9-13 year old players</i></p> <p>In the Skill Acquisition Phase the coach MUST focus on building a solid foundation of technical skill.</p> <p>The course is conducted over 6 hours, is fully practical and deals with the development of the 4 Functional Game Skills:</p> <p>First Touch / Striking the Ball / Running with the Ball / 1 v 1</p>
<p>GAME Training:</p> <p>Course Description</p>	<p>"Game training phase"</p> <p><i>For coaches training 13-17 year old players</i></p> <p>In the Game Training Phase the coach's aim will be the development of tactical awareness, perception and decision making through a game related approach to training.</p> <p>The course is conducted over 6 hours, is fully practical and provides the coach with training sessions designed to help the players apply the Functional Game Skills in a team setting using the FFA endorsed '1-4-3-3' formation.</p>
<p>SENIOR Coaching:</p> <p>Course Description</p>	<p>"Performance phase"</p> <p><i>For coaches training players 17 and above</i></p> <p>In this Phase the coach prepares the team for a competition environment where winning becomes the main aim. Training focuses on solving football problems, based on match analysis. FOOTBALL CONDITIONING also becomes a key part of the course</p> <p>The course is conducted over 6 hours and assists the coach by providing model sessions on solving football problems.</p>



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Player Equity: Junior teams as a rule are NOT graded and it is expected that every player gets equal time on the field to develop as a player and build confidence. Remember, weaker players will not improve unless they are properly trained and able to spend time on the field. Every player in your team has paid the same amount to play so please ensure all players enjoy similar playing times.

Player Propriety: Coaches and Managers are asked to keep ALL Player shirts within the team kit and distribute on game day and collect on game day for washing roster. The exception to this rule is ONLY where players may have an issue with propriety and or modesty due to their age and development.

Half Time Refreshments: Each team should make their own arrangements for half time refreshments. It is up to the team what is provided. There is research to show that oranges are not to be encouraged due to acid content. On the other hand, watermelon, grapes, apple etc are good. Ensure fluid intake is maintained, hat and sunscreen when on sidelines. Please be mindful of, and ensure all team members are aware of any allergies. The canteen DOES provide morning tea plates with fresh fruit and a bag of lollies for each player for a small fee. Please see the canteen for details. Allow 30min turnaround.

Wet Weather: In the event of heavy rain proceeding the weekend the Gladesville-Hornsby Football Association may cancel all games. The NWSWF (*women's association*), may call off games on the Sunday as well. DO NOT ASSUME if Saturday is off then Sunday is off as well. You will be contacted if this is the case. Sometimes the council will close grounds. List of closed grounds can be obtained via a recorded message on either Ryde Councils Wet Weather line - Phone No. 9952-8244. <http://www.ryde.nsw.gov.au/Recreation/Parks-and-Sportsgrounds/Sportsground-Status>

For away games:

Hornsby Council's link is: <http://www.hornsby.nsw.gov.au/my-lifestyle/sports-and-recreation/ground-closures-due-to-wet-weather>

Hills Council link is: <http://www.thehills.nsw.gov.au/Venues/Find-a-Sportsfield/Sportsfield-Wet-Weather-Update>

Please note, in wet weather all games are on until you are told otherwise. Refer to club website for lightening policy under Library. Count to 30 from lightening – if you hear thunder in that time, all players off field. Refer to referee. <http://www.rydepanthers.football/framework.asp?submittopage=information>

Weekend Morning Set up: A roster will come out for set up duty the week of the games, Saturday and also those teams playing Sunday. Set up involves not only putting up the nets and barriers, but also a team effort to get the morning set up ready to go. So pigeon holes out, tables and chairs out and cleaned, the BBQ fired up and the first lot of snags and onions cooking, bread rolls sliced etc. **It's all hands on deck** so please ensure if you are rostered on set up, you meet at the RDP lock up **no later than 7.15am**.

Nets and Barriers: The team playing first up at ELS on a Saturday or Sunday **must have the ground dressed by 7.45am**. The club can be fined if this is not done on time. It is the responsibility of the LAST home team that plays last at ELS to remove the nets and rope barriers. This will usually be an All Age team. They should be returned to the RDP Lockup next to the Canteen.

Canteen: The canteen is open from 8.30 am to 4.30pm every Saturday and on Sunday's when we have home games. We sell sweets, hot and cold drinks and hot food. A roster will be drawn up for Canteen Duty once the draw has been confirmed. Your canteen co-ordinator contact is Jenn Clifton #0412 172 450. **Please remind ALL players, parents, carers and guardians that canteen duty is compulsory as part of their registration.**



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It's fun, you get fed as part of your shift ☺ and as a thank you, an invite to the **RDP Volunteer Christmas Party on Tuesday 4th December 2018** for you and your family.

Communication: - There are a number of ways of receiving information within the Club:-

- CM Meetings - These are held twice a year, Tuesday 6.3.18 and Monday 4.6.18. *June meeting is for MiniRoos and Junior coaches only.* Refer "Calendar of Events". They are held at The Chats Room at The Ranch Hotel and commence at 7.30pm. The Bar is open prior. The meetings alternate on a monthly basis between management committee only and CM meetings. **A COACH, MANAGER and or TEAM REPRESENTATIVE from every team is expected to attend the CM meetings.** These meetings are your best opportunity to voice your opinion or ask questions. It is also the best source of feedback for the committee from the players, coaches, managers and parents.
- Team Pigeon Hole – Once the season starts, each team has a team pigeon hole located next to the RDP Lockup (beside the canteen) for dispensing information quickly. Please ensure someone from your team checks your team space every week.
- The Panthers Website – <http://www.rydepanthers.football>
- Face book - <https://www.facebook.com/RydePanthersFootball-Club>
- Emailing – info@rydepanthers.football
- Telephone - You will be contacted by phone if the information is urgent and cannot wait. A call/contact list can also be organised to pass information through the team.
- Direct approach - Feel free to approach any member of the committee for help or advice!

Useful websites:

- <http://www.rydepanthers.football> (RDP website)
- www.ghfa.com.au (Gladesville Hornsby Football Association)
- www.nswwf.com.au (North West Women's Football Association)
- www.ghfra.com.au (Gladesville Hornsby Football Referee Association)
- www.playfootball.com.au (My Football Club)
- www.playbytherules.net.au (Play by the Rules)
- www.footballnsw.com.au (Football NSW)
- www.T3-Australia.com (T3 Australia)
- <http://www.ryde.nsw.gov.au/Recreation/Parks-and-Sportsgrounds/Sportsground-Status> (Ryde Council Sportsground Status)
- <http://www.hornsby.nsw.gov.au/my-lifestyle/sports-and-recreation/ground-closures-due-to-wet-weather> (Hornsby)
- <http://www.thehills.nsw.gov.au/Venues/Find-a-Sportsfield/Sportsfield-Wet-Weather-Update> (Hills Shire)



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For further information contact:

RDP Management Committee for 2018:

President	Neil Hopkins	president@rydepanthers.football	# 0419 974 854
Vice President	Kim Clifton	vice.president@rydepanthers.football	# 0401 733 760
		secretary@rydepanthers.football	
Treasurer	Matthew Flynn	treasurer@rydepanthers.football	# 0409 323 690
Registrar	Gary Ohanian	registrar@rydepanthers.football	# 0412 432 807
MiniRoos Co-ordinator	Jen Emmerson	minirooms@rydepanthers.football	# 0405 817 007
Member Protection Info Officer (MPIO)	Nick Kissoglou	member-protection@rydepanthers.football	# 0417 422 679
Administration Officer	Jenn Clifton	info@rydepanthers.football	# 0412 172 450
NWSWF & GHFA Delegate	Nick Kissoglou	nswsf-delegate@rydepanthers.football	# 0417 422 679

RDP Sub Committee for 2018

Women's/Girls League Contact	Andrew Brackley	girls-womens@rydepanthers.football	# 0424 046 620
Canteen Co-Coordinator	Jenn Clifton	info@rydepanthers.football	# 0412 172 450
Uniform Store	Jeanette Emmerson		
Grants	Scott Willard and Dale Boccabella		
Social Media and IT support	Siobhan Lyons	mailto:social-media@rydepanthers.football	
Director of Coaching in lieu	Dan Findlay	doc@rydepanthers.football	
Coaching Partners	T3-Australia	Ehsan Popal Matt Sim	ehsan@t3-australia.com matt.sim@t3-australia.com

For any gear issue or purchase: <mailto:shop@rydepanthers.football>

Please be assured of our commitment to help and support you so that we all enjoy another season of football.





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CODE OF CONDUCT

When you participate in the activities of this club please be aware that a code of conduct is in place. This code applies to all games and matches participated in by our teams as well as training nights, fun days and special events organized by our club. It is also expected that our members would follow this code at any function or competition that they may attend no matter who it has been organized by, or for.

THE CODE OF CONDUCT

1. At all times be aware that you are representing our club and that your actions, words and behaviour reflects upon us and our reputations.
2. Players shall play by the rules of the game and know the rules including the latest rule changes.
3. Players shall play in a fair and sporting manner.
4. Players will not use foul, abusive or offensive language on or off the field at any time nor in any foreign language.
5. Players who are lucky enough to have a referee, official or not, will abide by his or her decisions with good spirit.
6. Coaches, Managers and Spectators will not use foul, abusive or offensive language at any time or in any foreign language.
7. Coaches, Managers and Spectators will respect the wishes of the referee or person refereeing, and the laws and rules as applied by the association and referees.
8. Players, Officials (Coaches and Managers) and Spectators will not at any time, before - during or after a game, attempt to, or, intimidate, coerce, assault or menace a referee, an official, a person controlling or refereeing a game, or any other player or spectator at a game.
9. All people attending matches or functions either as Players, Officials or Spectators representing Ryde Panthers will conduct themselves in a manner of good sporting ethic. In a manner that promotes a safe, happy and healthy environment for the enjoyment and growth of soccer amongst not only our young players but all involved.
10. No alcohol is to be consumed on or near the playing area at ELS Hall. Alcohol can only be consumed outside the fenced area.
11. The NSW government has introduced a new ban on smoking in spectator areas of sports grounds or other recreational areas while organized sporting events are being held. This ban came into effect on 7 January 2013. Fines of up to *\$550 apply for breaches. **current as at 2015*
12. Participating in activities and matches involving Ryde Panthers is a privilege and failure to observe and abide by the Code of Conduct will result in the Committee withdrawing this privilege.
13. Any person representing Ryde Panthers, either as a player, official or spectator who is accused of violating the Code of Conduct will have the opportunity and be expected to address the Committee within 21 days of the complaint. The complaint is to be lodged in writing to the Committee, with regard to determining the appropriate action to be taken, as determined by the Committee.

For guidelines on Code of Conduct - please refer to website –<https://www.playbytherules.net.au/>



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COACH AND MANAGER ROLES

MANAGER

General:

1. To facilitate communication between the Club and your team and within the team itself.
2. Make sure your team is aware of key season events, e.g.: byes, weeks without games (MiniRoos under NWSWF only in the middle week of school holidays only as a rule), Club photo day, Club presentation day and dinner, gala days and our annual family fun night. In essence, the coordination of relevant team information from the club to be shared with team and parents.
3. Refer unresolved issues to the relevant member of the Executive Committee.
4. Advise players if training and or matches are cancelled/changed – suggest the use of www.Teamer.net
5. Check the Ryde Council wet weather line on #9952 8244 at 4pm each training day for ground availability. Also check the website www.ryde.nsw.gov.au/sportsgroundstatus for current status. Where possible, the committee will advise all coaches and managers of any ground closure.
6. Coordinate shirt collection and washing roster after each game.
7. Coordinate morning tea or fruit and or drinks roster.
8. Coordinate with Club re fulfilling canteen/ BBQ responsibilities once canteen/BBQ duty is advised.
9. Encourage all players – trainer of the week, player of the week certificates etc
10. Know the correct rules for your age group.
11. Ensure you have an ID card for all players as well as the Manager and Coach.
12. Ensure all adults (coach, co coach, manager, parent helpers at training) dealing with children in your team have a valid 'Working With Children's Check' (WWCC) - Volunteer and given your details, including your date of birth, to our Member Protection Officer.
13. Make a note of any medical conditions your players may have.
14. Be the spokesperson for your team when you meet the opposition team.
15. For all HOME games, up to and including the 1.15pm game, please ensure you give the opposition the *Away Team Panther Mighty Combo Voucher* for use at the Canteen. Check team pigeon hole on game day for this.
16. With the coach, ensure all players have equal time on the field
17. Ensure all parents/carers and guardians are having as much fun as the kids!

FOR UNDER 10 and up

18. Ensure e-team sheets are activated and ready prior to the match (From U6 and up in NWSWF)
19. Ensure ID cards are on hand to check before every game
20. E-Sign completed Team Sheet with correct results in accordance with competition regulations after the match and give to Ref
21. Ensure players are appropriately registered before being included in e-team sheet.
22. Nominate a parent to run the lines if asked by the Ref
23. If playing upgraded players you **MUST** start your own available players before playing any upgraded players. Not doing this may result in a forfeit.
24. Players can only play a maximum of:
 1. 5 upgraded games, then on the 6th they become the last game played, grade as a player. (GHFA)
 2. 4 upgraded games, then on the 5th they become the last game played, grade as a player. (NWSWF)



RYDE PANTHERS FOOTBALL CLUB

Before each match:

- Send an email to all players
 - ✓ Confirming details of game including location (note ground locations are available at <http://www.ghfa.com.au/index.php/new-competition/grounds>)
 - ✓ Set a culture within your team to arrive 30minutes prior to kick off so that the team can properly warm up and any paperwork required with team sheets can be completed in a timely manner
 - ✓ Ask your players to let you know as early as possible if they cannot make a game – so that you can arrange substitute players if required.
 - ✓ Remind your team who is on morning tea/fruit/drinks roster.
- Ensure you have a full team of players each week. NEVER play a player who is not correctly registered or who is ineligible to play for your team. You will forfeit any points won and incur a fine for the Club and team involved.
- Check the GHFA website www.ghfa.com.au for MIXED game info or www.nswsf.com.au for Women's/Girls League info for last minute updates on games. Where possible, the Club will communicate any changes to the game draw for you to pass onto your team/s.
- Ensure all players are in correct uniform with shin guards as part of our duty of care and boots.
- Ensure both the coach and manager are wearing armbands and is available, lanyard, if either Coach or Manager is not present, have a parent wear one to avoid a fine.
- Ensure you complete the e-team sheet correctly. *Incorrect scores will incur a fine.*
- Arrange for players to wear an alternate strip where there is a clash of strips (same colour shirts), and you are the away team (that is the one listed 2nd in the draw), Committee Admin is the contact point for this.
- Ensure the ground is safe prior to training or playing.

E-Team sheets and game day administration:

- The only names that should be on the team sheet are those for players playing in the match. Player's names that should have a line marked through them are; suspended players, injured players, players that are sick or on holidays and players that are not registered. In other words, any player who is NOT playing in that match on that day.
- The e-team sheet should be completed by the manager as follows;
 - Player's shirt number. Players name and ID number should already be listed.
 - **No shirt number listed will incur a fine. Shirt numbers will roll over from 1 week to the next**
 - *Once you have worked out team shirt numbers for the season, you have the opportunity to email them to info@rydepanthers.football and we will ensure they are loaded onto Compman for GHFA, so that you do not have to enter them on every week. Any queries, please refer to Neil or Jenn.*
 - If you have players playing up, you need to put what grade and division they are from as well as their ID number.
- Managers should check before the game to see if a game is uncovered by the referee's. As not all games can be covered, this allows time for the manager to organise someone to referee half of the game.
<http://www.ghfra.com.au/hgrefrep.cl?PT=suc>
- Under GHFA for Under 10 and up, Managers are required to sign the w-team sheet after the match to verify the results and check for any send off codes. For NWSWF from U6 and up.
- Under GHFA for Under 10 and up, managers should check the oppositions ID cards listed on the screen before the start of the game. For NWSWF from U6 and up.



RYDE PANTHERS FOOTBALL CLUB

- Team Sheets for All NWSWF MiniRoos and Juniors, will be emailed to coach and manager/team contact by the Friday prior to the weekend game/s. All team sheets are already filled in with the player name and ID number. The only section the Manager needs to complete is the shirt numbers and upgraded players section.
- GHFA – There is room for 5 players ONLY to be upgraded on a team sheet.
- NWSWF – There is room for 4 players ONLY to be upgraded on a team sheet.
- THE HOME TEAM is responsible for asking the other team to complete the team sheet.
- NWSWF, all teams will be issued with prepaid envelopes so that the referees can post the team sheet to the NWSWF easily. The procedure for managers will be that the home team manager will give one of the envelopes to the referee with the team sheet BEFORE the game. When no referee is available for a game, it is the responsibility of the home team manager to get the team sheet to NWSWF by using one of the prepaid envelopes.
- *For NWSWF - either Morrison Bay, Meadowbank or ELS Hall canteen can accept the completed team sheet from you after the game.*

Forfeits:

- Wherever possible we should avoid forfeiting matches. With a little notice, it is almost always possible to find players from another team within your own age group or the age group below. It is important to consider how your team would feel if they were denied the opportunity to play because of a forfeit.
- We are required to notify GHFA or NWSWF by the Wednesday preceding the game if we intend to forfeit a match so that the Club and team do not receive a fine.
- Please ask for help from the Executive Committee if required.

After each match:

- Encourage all players – trainer of the week, player of the week certificates etc for MiniRoos and Juniors
- Report any straight **RED cards** or incidents to the Club Secretary BEFORE 5pm Sunday.

During the season:

- With the Coach, attend Coach and Manager's meetings as scheduled or arrange for a Team Contact to attend if neither Coach nor Manager can attend. A representative from EACH team is required to attend as a minimum.
- Liaise with your players/parent group when your team is scheduled for ground set up and or canteen duty. Rosters are required to be fulfilled in full and notification of your roster being confirmed is required to be SMS'd to the Canteen Co-ordinator by the Friday at 3pm BEFORE the weekend games.

End of Season:

- Organise a team get together!
- Return match shirts, goalie shirts and bibs in the team kit bag – washed and clean on the date requested by the Committee.



RYDE PANTHERS FOOTBALL CLUB

COACH

General:

1. With your team manager, facilitate communication between the Club and your team and within the team itself.
2. With your team manager, make sure your team is aware of key season events, e.g.: byes, weeks without games (MiniRoos in the middle week of school holidays only as a rule), Club photo day, Club presentation day and dinner, gala days and our annual family fun night. In essence, the coordination of relevant team information from the club to be shared with team and parents.
3. Organise coaching/training sessions in consultation with the team manager
4. Arrange delivery of training aids/balls etc for training
5. Refer unresolved issues to the relevant member of the Executive Committee.
6. With your team manager, advise players if training and or matches are cancelled/changed
7. Check the Ryde Council wet weather line on #9952 8244 at 4pm each training day for ground availability. Also check the website www.ryde.nsw.gov.au/sportsgroundstatus for current status. Where possible, the committee will advise all coaches and managers of any ground closure.
8. With your team manager, coordinate with Club re fulfilling canteen responsibilities once canteen duty is advised.
9. Encourage all players – trainer of the week, player of the week certificates etc
10. Know the correct rules for your age group.
11. Ensure you have an ID card for all players as well as the Manager and Coach.
12. Ensure all adults (coach, co coach, manager, parent helpers at training) dealing with children in your team have a valid 'Working With Children's Check' (WWCC) - Volunteer and given your details, including your date of birth, to our Member Protection Officer.
13. Make a note of any medical conditions your players may have.
14. Introduce yourself to the Ref and the opposition where required.
15. With the manager, ensure all players have equal time on the field
16. Ensure all parents/carers and guardians are having as much fun as the kids!
17. Generate the culture that 3 loud cheers are given at the end of the game to the opposition, regardless of score.
18. Generate the culture that the players shake hands BEFORE a match as well as AFTER a match and promote good sportsmanship at all times.

FOR UNDER 10 and up

19. Where the manager is unavailable, ensure e-team sheets are completed prior to the match (From U6 and up in NWSWF)
20. Where the manager is unavailable, ensure team cards are on hand to check before every game
21. Where the manager is unavailable, sign completed e-Team Sheet with correct results in accordance with competition regulations after the match and give to Ref
22. With the manager, ensure players are appropriately registered before being included in e-team sheet.
23. With the manager, nominate a parent to run the lines if asked by the Ref
24. Nominate wither yourself of the manager to report competition results to appropriate Results Delegate (or onto NWSWF website for women's competition – see Nick for further details) after a match



RYDE PANTHERS FOOTBALL CLUB

Before each match:

1. With the manager, ensure all players have equal time on the field
2. Ensure you have a full team of players each week. NEVER play a player who is not correctly registered or who is ineligible to play for your team. You will forfeit any points won and incur a fine for the Club.
3. Check the GHFA website www.ghfa.com.au for MIXED game info or www.nswsf.com.au for Women's/Girls League info for last minute updates on games. Where possible, the Club will communicate any changes to the game draw for you to pass onto your team/s.
4. Ensure all players are in correct uniform with shin guards as part of our duty of care and boots.
5. Ensure both the coach and manager are wearing armbands, if either Coach or Manager is not present, have a parent wear one to avoid a fine.
6. Ensure you have a whistle on hand at each game.
7. Check that players are wearing an alternate strip where there is a clash of strips (same colour shirts), and you are the away team (that is the one listed 2nd in the draw.)
8. Ensure the ground is safe prior to training or playing.

After each match:

9. Encourage all players – trainer of the week, player of the week certificates etc
10. Always be positive in your praise and critique 😊
11. Ref 1 half of the game in MiniRoos (U6–U9 under GHFA, U6-U11 under NWSWF) competition after speaking with the opposition
12. Under GHFA, for Under 10 and up, where there is not a referee appointed, ref 1 half of the game.
13. Under NWSWF, for Under 12 and up, where there is not a referee appointed, ref 1 half of the game.

During the season:

- With the Coach, attend Coach and Manager's meetings as scheduled or arrange for a Team Contact to attend if neither Coach nor Manager can attend. A representative from EACH team is required to attend as a minimum.

End of Season:

- Organise a team get together!
- Return team training kit – complete and with shirts and bibs laundered.



RYDE PANTHERS FOOTBALL CLUB



<https://football.aldi-mini-roos-collateral.playing-formats-rules.pdf>

Important Information for MINIROO Coaches:

Your role is to make the football experience fun for all of those involved in the team (i.e. families, players, referees etc) and help develop the players as much as possible

During games please only give positive support and minimal instruction. All instruction development based

As we want player to enjoy the experience please do not focus on scores or winning but rather on playing, skills and fun. There are no competition tables.

In essence there are only a few rules in the game, just get the ball and try to score in the other team's goal

Ideas of what the Coach of a team, who is dominating the other team, can do to technically develop their team and ensure the other team enjoys their game experience as well.

Remember it is the responsibility of all adults to help players on all teams enjoy the experience. Below are some hints which dominating team coaches can use. Encourage your team, or dominate individuals, in that team to:

- ✓ Beat one player and then pass once past them
- ✓ Dribble towards a player or group of players and then pass just before getting to them
- ✓ Pass the ball back or to the other side of the field before they shoot at goal
- ✓ Pass the ball with their non-dominant foot only
- ✓ Dribble the ball with their non-dominant foot only
- ✓ Shoot the ball with their non-dominant foot only
- ✓ All the previous 3 together

NOTE: The main aim of this is to help both teams. Please use the above hints to achieve this aim.

What the referee (game leader) can do if one team is dominating another team

If a player has scored 3 goals and their team is 3 goals ahead that player can only score another goal when one of their team mates has scored a goal

Warm Up Hints

Warm up should start with them practicing their on the ball skills together (which means they all need to bring a ball to the game), and then all players shoot at a target at the same time. If you have additional time you can then have them play pair games of possession (partners try to get the ball off each other) and when the coach calls "shoot" they shoot. You can then also play a possession game with 2 teams and one ball with the players passing the ball in the direction the team (or the coach) says they should. The main point being they are all participating (no lines).



RYDE PANTHERS FOOTBALL CLUB



GLADESVILLE-HORNSBY FOOTBALL ASSOCIATION INC.

In 2018 football will be played in GHFA as follows –

UNDER 6

Games will be 4 v 4 non competitive on fields 30m x 20m with goals 2m x 1m. Clubs will be in zones (South, Central and North) with teams travelling to play within that area. Teams will be put into colour divisions and the general rules of play can be found on the GHFA website.

UNDER 7

Games will be non competitive 4 v 4 on fields 30m x 20m with goals 2m x 1m. Clubs will be in zones (South, Central and North) with teams travelling to play within that area. Teams will be put into colour divisions and the general rules of play can be found on the GHFA website.

UNDER 8

Games will be non competitive 7 v 7 (including goalie) on fields 35m x 50m with goals 1.5-2m x 5m. Teams will be put into colour divisions and the general rules of play can be found on the GHFA website.

UNDER 9

Games will be non competitive 7 x 7 (including goalie) on fields 35m x 50m with goals 1.5-2m x 5m. Teams will be put into divisions as nominated by clubs and the general rules of play can be found on the GHFA website. Non competitive

UNDER 10

Games will be 9 v 9 on fields 45m x 70m with goals 2m x 5m. Non competitive. Normal rules of football apply.

UNDER 11

Games will be 9 v 9 on fields 45m x 70m with goals 2m x 5m. Non competitive. Normal rules of football apply.

UNDER 12 to SENIORS

Games will be 11 v 11 on full size fields. Normal rules of football will apply.



RYDE PANTHERS FOOTBALL CLUB



NWSWF GIRLS LEAGUE

Basic Rules

4-7 age group

- Start of play & re-start after a goal – Pass forward to a team mate from the middle of the halfway line. All players must be in their own half of the field of play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.
- Ball crossing the touch line – There is no throw in. A player from the opposing team to the player that touched the ball last before crossing the touch line will place the ball on the touch line and pass or dribble the ball into play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.
- Ball crossing the goal line – There is no corner kick. Regardless of which team touched the ball last, a player from the team whose goal line the ball has crossed will place the ball anywhere along the goal line and pass or dribble the ball into play. Opponents must retreat to the half way line and can move once the ball is in play. The ball must touch a team mate before a goal can be scored.
- Fouls and misconduct – Indirect free kicks are awarded for all acts of handball or fouls and misconduct. Opponents must be at least 5m away from the ball when the indirect free kick is taken. (An indirect free kick is where a goal can be scored only if the ball subsequently touches another player before it enters the goal).
- There is no offside for the 5-11 age groups. Even though there isn't an offside rule as such coaches and parents should not encourage players to stand in blatant offside positions as this practice isn't in the spirit of the game and will have a negative impact on the football experience for everyone.

Why no goalkeepers in the 4-7 age group?

The role of the goalkeeper in football is uniquely specialised and typically players develop as goalkeepers at a later age. In the youngest age groups, keepers can be uninvolved in the game for long periods, which can be uninteresting and sometimes means they do not feel part of the team.



RYDE PANTHERS FOOTBALL CLUB

Basic Rules

Under 8-11 age group

- Start of play & re-start after a goal – Pass forward to a team mate from the middle of the half way line. All players must be in their own half of the field of play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.
- Ball crossing the touch line – Throw in. Opponents must be at least 5m away from the ball until it is in play.
- Ball crossing the goal line after touching the defending team last – Corner kick. Opponents must be at least 5m away from the ball until it is in play.
- Ball crossing the goal line after touching the attacking team last – Goal kick from anywhere within the penalty area. Opponents remain at least 5m outside the penalty area until the ball is in play. The ball is in play once it is kicked directly out of the penalty area
- Goalkeepers – The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds. The goalkeeper is not allowed to kick or drop kick the ball directly from their hands. Opponents must be at least 5m outside the penalty area and cannot move inside the penalty area until the ball is in play.
- Under 8 & 9 – The ball is in play once it moves out of the penalty area.
- Under 10 & 11 –The ball is in play once it moves out of the penalty area or when the goalkeeper places the ball on the ground.
- Fouls and misconduct – Indirect free kicks are awarded for all acts of handball or fouls and misconduct with opponents at least 5m away from the ball. (An indirect free kick is where a goal can be scored only if the ball subsequently touches another player before it enters the goal). For deliberate or serious acts of handball or fouls and misconduct in the penalty area, a penalty kick is awarded from an 8m penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and be at least 5m behind the penalty mark.
- There is no offside for the 5-11 age groups. Even though there isn't an offside rule as such Coaches and Parents should not encourage Players to stand in blatant offside positions as this practice isn't in the spirit of the game and will have a negative impact on the football experience for everyone.



RYDE PANTHERS FOOTBALL CLUB

SUGGESTIONS FOR BETTER TEAM MANAGEMENT

Some points that may assist us all in the smooth running of our teams for season 2018.

- **RDP Game shirts to stay with the team** and not the individual player and are to be distributed on game day.
- A shirt washing roster is a handy tool to help the coach and manager.
- A morning tea roster can assist the warm and fuzzy stuff needed to cement all the relationships.
- All parents/carers/guardians or AA players should be encouraged to help when their team's canteen duty is on – **Canteen duty is compulsory as part of the RDP Registration – it's not hard and it's fun!**
- Player and Trainer of the week certificates are a great reward for a job well done and should be awarded for great team effort, outstanding individual improvement regardless of skill level and the whole share the love Scenario.
- ID card sheets should stay in the possession of the team manager and it is recommended that they be kept in a team folder.
- That one member on the sideline (not coach or manager) should be appointed to supervise the behaviour of all parents/extended family/ spectators at the game. These should observe and report only and not enter conflict. All matters need to be communicated via coach/manager to the committee and then to GHFA and or NWSWF for an appropriate outcome.
- That the canteen is our point of contact for the RDP Team Pigeon Hole distribution – located next to the RDP lock up. The Team pigeon holes should be visited by coach/manager or team contact as early as possible after 8am on Saturday. There is usually a BBQ from 8.30am and that families should be encouraged to fuel up!
- The wet weather web site from Ryde Council is an invaluable source of information, See the link on the Ryde Panthers Website or below. RDP always adheres to council advice to preserve the integrity of playing fields. Council has the last word on grounds availability. The wet weather website is updated by 3pm on weekdays and by close of business on Fridays <http://www.ryde.nsw.gov.au/Recreation/Parks-and-Sportsgrounds/Sportsground-Status>
- **Always assume game on unless otherwise informed by Committee.** This will save a lot of confusion!
- Coaches/Managers ID cards will be available. Regardless all coaches and manager's arm bands need to be worn at all times during a game.
- Coaches and managers should make themselves known to the opposition well before the game to check team cards and discuss any issues on the day. To engender the Panthers good sportsmanship ethos, for all home games up to and including the 1.15pm kick off, an AWAY TEAM MIGHTY PANTHER COMBO VOUCHER will be made available in your team pigeon hole to give to your opposition for them to use at the canteen.
- Refs are not usually provided for the MiniRoos games and the common convention is that someone from each team should put their hand up to ref a half. Set up the culture early! Remember to have a whistle in the kit. In the spirit of RDP sportsmanship the opposition should always get a loud 3 cheers and the handshake eye ball thing needs to be encouraged!
- For U10 and up under GHFA and U12 and up under NWSWF referee's are allocated.
- Standard accessories for each player should be: Boots, Shin Guards, Water, Sunscreen, Cap, Ball and Panthers shorts and socks.
- Please advise all players that they need to develop a culture within their teams that punctuality is paramount. **Arrival for team members 30 minutes prior to kick off is the minimum expectation.** This, to assist the warm up for players and assist in the organizational process. Also, players should be encouraged to arrive at training 5 minutes prior to commencement.
- **For MiniRoos and Junior teams - No less than 2 adults should be present at training or game day** for the duration of either or until all participants are collected by parents.