

<b>PLAYER SUBSTITUTION SHEET</b>	<b>4 A SIDE</b>	<b>TEAMS</b>	
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5 PLAYER	1 <sup>st</sup> Half				2 <sup>nd</sup> Half				EXTRA INFO	
	Start	5min	10min		Start	5min	10min		Goals	
1	R						R			
2		R								
3			R							
4					R					
5						R				

6 PLAYER	1 <sup>st</sup> Half				2 <sup>nd</sup> Half				EXTRA INFO	
	Start	5min	10min		Start	5min	10min		Goals	
1	R				R					
2	R				R					
3		R				R				
4		R				R				
5			R				R			
6			R				R			

7 PLAYER	1 <sup>st</sup> Half			2 <sup>nd</sup> Half			EXTRA INFO	
	Start	5min	10min	Start	5min	10min	Goals	
1	R		R		R			
2	R		R			R		
3	R			R		R		
4		R		R		R		
5		R		R				
6		R			R			
7			R		R			

8 PLAYER	1 <sup>st</sup> Half			2 <sup>nd</sup> Half			
	Start	5min	10min	Start	5min	10min	
1	R		R	R		R	
2	R		R	R		R	
3	R		R	R		R	
4	R		R	R		R	
5		R			R		
6		R			R		
7		R			R		
8		R			R		

